Dr. Robert Vogel

Wednesday, June 6
9:00 am to 4:00 pm
Implant Dentistry:
Patient Presentation &
Case Acceptance
See page 12

19th Annual SCDS Golf Outing
Wednesday, June 13
Tee off: 12:30PM
Mill Pond Golf Course
See back cover

Suffolk Dental Bulletin
The Official Publication of the Suffolk County Dental Society
Volume 47 • Number 2
SUMMER 2018

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SCDS CALENDAR 2018

May 2018
Wednesday 2 General Membership Meeting (6pm)
Saturday 5 Annual Shredding Event (9am-12pm)
Monday 14 Board of Directors Meeting (7pm)
Wednesday 16 Seminar Series #2 (9am - 4pm)
Gy Yatros, DMD
Friday 23 CPR/AED Training (9am-12pm)

June 2018
Fri-Sun 1-3 NYSDA House of Delegates
Wednesday 6 Seminar Series #1 (9am - 4pm)
Robert Vogel, DDS
Wednesday 13 Annual Golf Outing (Mill Pond Golf Course)

September 2018
Monday 17 Board of Directors Meeting (7pm)
Wednesday 26 Seminar Series #3 (9am - 4pm)
Daniel Pompa, DDS

October 2018
Wednesday 3 Scrubs & Stilettos (8am-1pm)
Wednesday 10 General Membership Meeting (6pm)
Monday 15 Board of Directors Meeting (7pm)
Thur-Mon 18-22 ADA Meeting

November 2018
Wednesday 14 General Membership Meeting (6pm)
Monday 19 Board of Directors Meeting (7pm)

December 2018
Wednesday 5 Seminar Series #4 (9am - 4pm)
John Svirsky, DDS

Suffolk County Dental Society
150 Motor Parkway, Suite 105, Hauppauge, NY 11788
Tel.: 631-232-1400 • Fax: 631-232-1402
e-mail: suffolkdental@optonline.net
website: www.suffolkdental.org

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Paul R. Leary, DMD
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Jeffrey A. Sherman, DDS
Photographer

Paul Markowitz, DMD
Executive Director & Managing Editor

Debbie Wasserman
Executive Assistant

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Dimitrios Kilimitzoglou, DDS, President
Martin Dominger,DDS, President-Elect
Claudia Mahon-Vazquez, DDS, Vice President
Patricia Hanlon, DMD, Secretary
Jeffrey Seiver, DDS, Treasurer

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Comfortably Numb

It is a normal day at the office. Your hygienist is seeing patients as usual. You have patients scheduled all day with only one cancellation in the middle of the day for about 30 minutes. Around 11 am your hygienist is seeing a patient for an upper right quadrant of scaling and root planning with local anesthetic. She is certified and trained in the administration of local anesthesia.

She performs the infiltration and completes the procedure. She wanted to get your attention because she found a missing DO restoration on tooth #13. Sure enough, #13 needs a DO. It works out perfectly for you because it aligns with your cancellation and you don’t even need to administer local anesthesia because the patient is already numb. You finish the restoration within 20 minutes and you think to yourself “wow, that was so easy, efficient and beneficial to the patient.”

Let’s change the scenario a little bit. What if your hygienist was working on the lower left. She gave local infiltration as usual for patient comfort. The patient informed her that she gets food stuck on the upper left and it bothers her gums. At some point during the appointment the hygienist informs you of the patient’s concerns. How nice would it be if you confirmed the findings and asked the hygienist to give you a head start and anesthetize the upper right for #13 DO.

Well, as the law is written, in New York State, hygienists can administer local anesthetic ONLY for procedures that they perform; namely scaling and root planning. Therefore, it would technically be illegal for the hygienist to anesthetize a patient for a procedure that the dentist will perform. Some might argue that it would also be unethical and even unprofessional for the dentist to even ask the hygienist to do so. The hygienist might even decline and remind the dentist that she is not allowed to anesthetize patients for operative dentistry or even oral surgery.

Let’s think about this further. While hygienists are trained, they learn about anatomy, medical emergencies and local anesthesia as it pertains to the oral cavity.

They learn about complications with local infiltration such as a hematoma, paresthesia, intravascular injections, toxicity and allergic reactions. They know how to recognize, avoid and respond to these situations. If a complication will arise, it can happen whether they inject for their procedure or ours. Is it more likely that a complication will arise if she is infiltrating for operative or an extraction compared to scaling? Of course not.

When the law was written, it did not take this concept into consideration. A hygienist will still not be able to do block anesthesia or even palatal injections, although an argument can be made for the latter.

Last June at the New York State Dental Association House of Delegates meeting we presented a resolution to modify the regulations. I believe that this was a practical resolution that can benefit patients, improve time management and efficiency without changing or costing anything additional. The hygienists are already trained in it and we would not be asking them to go out of their realm.

If a patient is going through quadrant scaling and one of the teeth needs to be extracted anyway, we may just supplement the local anesthesia, as needed, and go on with the extraction. If a patient is in pain and walked in as an emergency, the hygienist obtains a radiograph, we diagnose the tooth as non-restorable, the hygienist gives us a head start with the local anesthesia and we can then treat the patient efficiently and in a timely manner.

{continued on page 23}
TAX TIPS FOR DENTISTS
by Stuart A. Sinclair, CPA

The social security wage base is $128,400 for 2018.

It will rise to $132,300 in 2019 and to $135,900 in 2020.
Work-Life Balance

Our day to day balance of commitments fills our time with obligations that whittle away at our person, in a constant barrage of busyness that can be overwhelming to the strongest in our midst. With family, practice, professional, and personal constraints on our time, it is often a balancing act to carve out any time for peace. Answer this question: Do you live to work, or do you work to live?

One of the greatest values I have found in our association is the chance to talk with members who have towed this line before me. Learn from them they have walked this walk for years before us. I am nearing the end of my turn at towing, than those of you in the beginning or middle of your careers, and I attest to the value in taking the time to enjoy your life, as the trials of practice and obligations seem to bury you in the sea of burdens.

A person does not acquire the skills for leisure by simply closing the office and shutting off the phone. The colors in the paintings of your dreams are varied and individual. I use the phrase “skills of leisure” - this is something that has to be learned. Arranging coverage, all the staff ready for your absence, questions left with an able person to handle decisions while your away? Now the real test - are you really away? Undivided attention to those you’re with, not checking emails every moment, not getting emergency calls when you’re too many miles away to handle it. These skills of delegating your authorities do not come easy but, like most skills, are acquired over time and, eventually, we do get better at it. You need the time to disengage from the rigors of daily practice and choose your company wisely. Relax, rest, do what you have always dreamed of. You must recharge the batteries, so find a balance and enjoy.

Life has many obstacles, many are self imposed. Talk with your colleagues and discover their coping mechanisms. You will find the time to justify why you work so hard. Think of things in terms of making each year a chance to highlight your world. Make your mark and share with those around you making theirs. There is so much to experience, but none of it is possible if you remain unidimensional and focus only on the working side of your life. Seek a balance and find your fulfillment so your work allows you to define yourself, not that your work defines who you are.

From his death bed, Henry David Thoreau was asked, “Did you make your peace with God?” His answer, for someone who lived his life trying to simplify it and return to nature was, “I did not know we had ever Quarreled!”
CALL FOR NOMINATIONS

The Suffolk County Dental Society’s Nominating Committee will meet this summer to screen and select candidates for elective office at the local, state and national levels.

To be eligible for any elective office a member must have served on our governing Board of Directors for at least three of the past five years. Other restrictions may apply for state and national positions.

Nominations are invited for the following positions for 2019, to be considered this summer:

**Officers of the SCDS:**  
**President:** Dr. Martin Dominger (as President-Elect 2018, automatically advances)

To be confirmed:  
**President-Elect:** Dr. Claudia Mahon-Vazquez  
**Vice President:** Dr. Patricia Hanlon  
**New Secretary:** (one year term- usually advances through the other officer positions)  
**Treasurer:** Dr. Jeffrey Seiver (is eligible for one more 2-year term)

**NYSDA Delegates:**  
**Three Delegates to NYSDA:** (four year terms)  
**Up to Six Alternate Delegates:** (one year terms)

**ADA Delegates:**  
**One Delegate to the ADA:** (3 year term)  
**One Alternate Delegate:** (one year term)

Nominations for SCDS Directors for 2019 will be invited in the Fall of 2018.

Members in good standing are invited to submit nominations to SCDS, 150 Motor Parkway, Suite 105, Hauppauge, NY 11788. Eligible candidates may nominate themselves by sending a letter of interest along with a copy of their curriculum vitae.

---

**The Nassau and Suffolk County Dental Societies**

**cordially invite our female colleagues to join us for**

**Scrubs & Stilettos**

*A Women’s Dental Conference*

This innovative half-day of camaraderie, education and interactive round-table discussions on topics of special interest to women dentists was the 2011 winner of the ADA Golden Apple Award and the 2010 winner of the NYSDA Hallmarks of Excellence Award.

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**Save the date!**

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**Receive 3 CE credit hours!**  
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9:00 a.m.-12:30 p.m. Round Tables

For more information as it becomes available check our websites,  
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To sponsor this program, contact jlittle@nassaudental.org (516-227-1112).
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PART TIME ORTHODONTIST WANTED:
Pediatric/family practice has need of part time orthodontist to continue care of orthodontic patients. Wednesday 12-7, Friday 12-6, One Saturday monthly 8 am - 12 pm. Salary open. E-mail melvillekidsdentistry1@gmail.com.

SEEKING:
Seeking a motivated General Dentist with a winning personality, patient-centric attitude, and a commitment to teamwork to join our Suffolk County practices. We offer an incredible opportunity to join a group practice with a large existing patient base and excellent potential for growth within the company! We welcome you to come for an interview and discuss our approach to dentistry. Please visit our website at www.godentals365.com for reference. Signing bonus, highly competitive compensation, benefits are offered for qualified applicants! We require: DDS or DMD, NYS license and DEA, 3 years working experience preferred and willingness to work weekends is required and mobility between practices is a plus.

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It's All About the KIDS

For the past several years, I would read these amazing blogs written by my classmate and old friend from dental school, Dr. Jon Golub. He would recount his experiences with his wife, Dr. Jamie Diamant-Golub (who also went to school with us) at Kids International Dental Services (KIDS).

Jon would give accounts of their twenty plus volunteer missions to places in the world that had a desperate need for dental care - locations like Guatemala, Haiti, Jamaica, South Africa, and Cambodia. I would think to myself, boy, this would be such an enriching and rewarding experience working with a team of dental and non dental volunteers from all over the globe. And more importantly, I would have some impact on the oral health of impoverished children, several who have never owned a toothbrush before. I even contacted Jamie and Jon indicating I would like to be a part of their team and travel on a mission. Due to personal and family obligations, the timing wasn’t right yet.

By mid 2017, my life became a bit “less complicated”, so I asked to sign on. The Cambodia trip this past February of 2018 was to be my first journey with KIDS. In 2009, Dr. Robert Renner and his wife Purobi began KIDS, a not for profit NGO (non-governmental organization). Many here in Suffolk will remember Dr. Renner as a prosthodontist and Professor Emeritas at Stony Brook Dental School. As I would soon witness, these two individuals are probably the most selfless people I have ever met.

When I arrived in Phnom Penh after some twenty hours of air travel, I was driven by Tuk Tuk (essentially an open cart trailered by motorbike) to the hotel and home base where I met the group I would be working with for five days - people from Australia, England and all over the USA. There were twenty-three of us in total which also included three dental students from Columbia University. Many from this diverse squad had been on some humanitarian missions already with KIDS.

A day after settling in, being a tourist and really getting a taste of this intriguing Khmer culture, it was time to begin our work. Each day we were driven before sunrise from our hotel in Phnom Penh and then Siem Reap, to different schools where we set up makeshift dental clinics in the classrooms. There was no electricity or running water, but somehow, we made it work.

This wonderful organization, KIDS, had things so organized, with everyone playing an important role, that we were literally able to examine, educate, provide fluoride and toothbrushes to nearly 3000 kids. And of these children, some 497 needed extractions of 903 teeth - many that were infected and causing pain. Also, amazingly, 109 restorations were placed using the ART technique, mostly by the dental students.

These young children, several of who were orphans living on dump sites, were gracious and very appreciative (especially after their treatment was finished). Our dental students may have begun the week “wet under the ears”, but they finished like seasoned pros. They, like all of us on this special trip, left not only with that sense of accomplishment, but with feeling honored and privileged to be able to donate their services. We all wished we could do more.

By the time it came time to say goodbye and return to our normal lives, I really got to know each and every one of our team members, from a judge to a guy who cared for koalas, aside from us dentists, we all vowed to do this again. Why? Speaking for myself, this was an experience I will never forget - truly a lifetime event. I kind of thought I knew what to expect on being a dental volunteer for KIDS, but to do it was beyond and so incredibly eye opening. I realize now and at this point in my life, the added joy in belonging to our noble profession.

As I type this from my sheltered Suffolk County suburb, I can share with you that there is an unbelievable need for dental care in many impoverished areas like those in Cambodia and, really, all over the world. If you, as a dental professional (or nondental person) want to volunteer your special services, I highly recommend KIDS. Not only will you get to witness many diverse cultures in a way not provided by a routine tourist visit, you will work with the most incredible, selfless individuals who want to make a difference in this small planet of ours. I promise that you will have no regrets, and like myself, will look forward to planning your next journey.

(continued on page 9)
KIDS is a non-profit organization with zero percent administrative costs. Besides the many volunteers, it relies on generous donations to purchase vital supplies and instruments for each trip. It costs KIDS less than $3 to provide each child with treatment they may otherwise never receive. To donate, the easiest way is to go on their website: www.kidservices.org. Any amount will help. Thank you.
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ATTORNEY ADVERTISING
"The dentists are coming"! That was the opening statement made by the ADA’s lobbyist Mr. Mike Graham. He said that Washington was preparing for our visit. Thus, in early April, nearly 1100 dentists and dental students representing the ADA, ASDA and ADPAC, traveled to Washington, D.C. to have our voices heard.

Mr. Graham said that this was the largest group to attend the annual ADA Dentist and Student Lobby Day. Nearly 80 participants came from New York State. This was also one of the largest advocacy events for any health care professional group this year.

Now what exactly is ADPAC. It stands for the American Dental Political Action Committee. Similar to our state EDPAC, ADPAC however is involved in issues that affect dentists at the federal level. ADPAC gives dentists a voice in the public policy arena on behalf of our practices in Washington, D.C. At any time, an ADA member can look up the latest national issues that may be affecting our practices, the delivery of our care and other related topics.

This year, the first day was built around a presentation known as “creating a powerful dental advocacy team”. It was presented by ADPAC’s Washington, D.C. staff, headed by Sarah Milligan. Items such as fundraising for local politicians, getting to know your representatives, building grassroots teams and working with congressional staff were highlighted. This is not easy stuff as was pointed out. Sometimes you only get one chance to make a good impression to a particular staff member.

This year, the five top issues that we were there to discuss were opioids, the Higher Education Act and Student Loan Programs, DOC Access Act, Action for Dental Health and the McCarran-Ferguson Repeal. I’ll briefly go over these issues.

Capitol Hill has taken note that the ADA has been extremely pro-active in addressing the opioid epidemic in our country. We just needed to have the congressional group know how we did it.

The students did most of the talking during the discussions concerning the Higher Education Act since this directly deals with their loans. Many students gave passionate personal stories about their particular debt situations.

The DOC Access Act dealt with non-covered services on our EOB statements. The point here is that insurance companies should not have the ability to dictate the fee we can charge a patient if they do not cover the procedure. Some officials were not even aware that the insurance industry did this.

The Action for Dental Health Act would allow organizations to qualify for oral health grants by the HHS to support activities that improve oral health education and dental disease prevention. This would allow for better patient care and a better collaboration among the dental and medical professions.

And lastly, the McCarran-Ferguson Repeal of the anti-trust exemption for health insurance companies was discussed.

As you can see, we were all kept busy preparing and working hard for your association! The students that attended were very articulate and passionate about their futures. So, the next time someone asks for a donation to ADPAC, please give knowing that while we are at our offices, it’s just another day in Washington, D.C.
SEMINAR SERIES 2018

Course #SS2018-01  Wednesday, JUNE 6, 2018:  7 m.c.e. credits  (rescheduled from 3/21/18)
Robert Vogel, D.D.S.  IMPLANT DENTISTRY: PATIENT PRESENTATION & CASE ACCEPTANCE:
(sponsored by Straumann)  Treatment Planning for Precision, Productivity & Profitability

Course Synopsis:
This fast moving presentation designed for private practice will explore techniques, tips and tricks for treatment planning, patient presentation and confidence in fee determination. This discussion is directed to the entire team to increase ideal case presentations and acceptance with Confidence, Comfort and Profitability though the use of various aids. Also discussed will be alternative implant treatment options in a changing economy focusing on simplification, predictability and long-term stability. Topics in both fixed and removable implant prosthetics will be covered including ideal abutment selection to maximize esthetics and costs as well as stress free results with removable implant retained prosthesis.

Objectives:
- Allow more patients to obtain the benefit of Implant based treatment.
- Gain confidence in case presentation and fee determination.
- Simplify prosthetic treatment planning options.
- Reduce chair time and maximize patient access to ideal care.

Dr. Robert Vogel graduated Dental School from Columbia University in New York and completed a residency at Jackson Memorial, Mount Sinai and Miami Children’s Hospital in Miami Florida. He maintains a full time Dental practice in Palm Beach Gardens, Florida focused on Implant Prosthetics and Reconstructive Dentistry working closely with several specialists to provide ideal care. Dr. Vogel conducts clinical trials and provides clinical advice to the Dental Implant field. He has developed and collaborated on several components and techniques in use in Implant Dentistry today. He lectures internationally on Implant Dentistry focused on Precision, Predictability and Simplification through ideal Planning and use of State of the Art Materials. He continues to publish scientific articles on Implant Dentistry and is a Fellow of the International Team for Implantology.

Course #2018-03  Wednesday, September 26, 2018:  7 m.c.e. credits
Daniel G. Pompa, D.D.S.  ACTIONS AND ALGORITHMS FOR MEDICAL EMERGENCIES:
How to Save a Life (Including Your Own)

Course Synopsis:
A CRISIS SITUATION can—and likely will—occur at some time in your practice. Many potential medical emergencies can be prevented. Gain a comprehensive command of the essential knowledge and skills needed to handle a life threatening medical crisis. There are more medically compromised patients coming to our offices than ever before. Acquire “up to the minute” actions for dealing with a medical emergency while challenging preconceived or outdated ideas. A step-by-step medical approach using basic physical diagnostic methods is reviewed, giving the attendee a clear understanding of these medical findings. We will explore the “Conversational History” and how it will uncover medical issues not revealed by the standard health history form. Additionally, the participant will learn simple, non-invasive critical tests that can reduce overall risks. We clearly delineate indications for emergency drug use and proper dosages, as well as demonstrate how to assemble and maintain an ideal emergency drug kit. The newest techniques for drug administration will be shown for participants to hone their skills utilizing simulation models and real drugs.

Learning Objectives:
- Discover three simple chair-side, non-invasive tests to help avoid an emergency
- Recognize the most frequent life threatening emergencies and know when and why they occur
- Review a systematic approach to treat the most common life-threatening scenarios
- Learn how to develop a plan for the office team when dealing with a crisis event
- Determine when to administer the essential “Top 10” emergency drugs
- Understand legal and moral obligations presented by medical emergencies

Dr. Daniel Pompa is a Fellow of The American Association of Oral and Maxillofacial Surgeons and is also a Fellow of The International Congress of Oral Implantologists. Dr. Pompa has been a guest lecturer at Columbia University College of Dental Medicine, New York University College of Dentistry and the University of Florida College of Dentistry. He has lectured extensively both nationally and internationally and in 2013 became a Seminar Series Speaker/Consultant for the American Dental Association. Dr. Pompa is an author, having published in such journals as JADA and the NYSAGD Journal as well as Dentistry Today where he has been listed as a “Leader in Continuing Education.” Dan is also an inventor, having been issued a U.S. Patent for his innovative work in the field of Dental Implantology.
Course Synopsis:
This radiology review course has a number of common cases in addition to some interesting unusual cases thrown in to keep the audience on their “toes.” The emphasis will be a review of common radiolucent and radiopaque lesions. Get ready to learn, laugh and make a difference in the diagnosis and treatment of oral diseases.

Objectives:
Demonstrate a logical approach to the diagnosis and treatment of common radiolucent lesions found on radiographs. Demonstrate a logical approach to the diagnosis and treatment of common radiopaque lesions found on radiographs. Recognize the common radiographic lesion found in dental practices.

PM: COME IN AND CATCH IT: THE REVIEW THAT STICKS

Course Synopsis:
This is the perfect review course that covers the recognition, diagnosis and treatment of the 25 soft tissue lesions that every dentist and hygienist should know and treat appropriately. A number of the entities only require recognition. The classic lesions that have been forgotten since school will be brought back to life and your diagnostic confidence will be re-energized.

Objectives:
Demonstrate a logical approach to the diagnosis of oral lesions. Recognize and diagnose the more common soft tissue lesions/diseases found in a dental practice. Integrate therapeutic regimens used to treat selected oral diseases such as aphthous ulcerations, herpes, candidiasis, angular cheilitis and lichen planus. Recognize leukoplakia and differentiate it from other white lesions. Understand the malignant potential of various soft tissue diseases.

Dr. John Svirsky is a board certified oral and maxillofacial pathologist at Virginia Commonwealth University (VCU) in Richmond, Virginia. He received his dental degree in 1973 from VCU and went on to complete a general practice residency at Long Island Jewish Medical Center/Queens Hospital Center, as well as an oral pathology residency at the Catholic Medical Center. He is currently a professor of oral and maxillofacial pathology and maintains a private practice in oral medicine and oral pathology. He is sought after speaker with an international reputation as an informative and entertaining lecturer.

ADA CERP® | Continuing Education Recognition Program
Suffolk County Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/goto.cerp.

AGD Approved PACE Program Provider
FAGD/MAGD Credit Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. 12/19/2017 to 12/18/2021 Provider ID # 219113

Location of courses: 150 Motor Parkway - Media Center – Lower Level Hauppauge, NY 11788

Directions: Take the Long Island Expressway to Exit 53. Follow signs to Wicks Road. This location is 1 traffic light east of the Radisson Hotel (formerly the Upsky) on Motor Parkway.

Time: Courses run 9:00 a.m. – 4:00 p.m. Continental breakfast and check-in at 8:30 a.m.
Buffet lunch 12 noon – 1:00 p.m.

Tuition: Each individual course: ADA members $275 Non-ADA $475 Aux: $100

Registration form: Complete and mail with check or credit card information to SCDS, 150 Motor Parkway, Suite 105, Hauppauge, NY 11788. Phone registration with credit card number, call 631-232-1400, or fax with credit card number to 631-232-1402.

Name:..........................................................ADA #:..........................................................

Address:.......................................................................................................................................City:.......................................State:......Zip:...............

Tel #:.............................................Fax #::.....................................email:..........................................................

Please register me for:
[ ] Course #1 [ ] Course #3 [ ] Course #4

[ ] Enclosed is a check payable to SCDS for $...............

[ ] Charge my Visa/MC/AE #.............................................CVV..........................Exp..................Zip Code:..............

Signature:..........................................................Amount: $...............................
SUFFOLK COUNTY - DATC
DENTAL ASSISTANT COURSE
Starts SEPTEMBER 13, 2018
The Suffolk County Dental Society in conjunction with the Dental Auxiliary Training Center, is pleased to announce the 33rd year of continuation of the comprehensive dental assistant training course offered for the auxiliary staff of the SCDS membership.

FUNDAMENTALS of CHAIRSIDE DENTAL ASSISTING
To meet the demand for trained dental assistants, the dental society co-sponsors this course to assist interested students who have a desire to prepare and work in this exciting career field. Dental assistants who have been trained on the job can significantly improve their job and skills performance with this training.
The course is designed to train:
* already employed dental assistants who have limited or no formal training.
* those who are interested in preparing to take the DANB Exam.

This comprehensive course will augment the on-the-job learning experience by giving the theoretical background of the profession of dental assisting and also provide hands-on-training in a classroom setting. The course has been structured in such a way that the total time required for completion is only 15 sessions totaling 45 hours plus a 15 hour independent study project. The course is a total of 60 hours.

Topics covered include:
- Dental Terminology
- Infection Control
- Dental Specialties
- 4-Handed Dentistry
- Dental Office Emergencies
- Charting
- Sterilization
- Anesthesia
- Dental Materials
- Dental Anatomy
- Disease Transmission
- Operative Dentistry
- Dental Instrumentation
- Radiology
- Preventive Oral Hygiene

COURSE CERTIFICATE OF ACHIEVEMENT WILL BE GRANTED UPON SUCCESSFUL COMPLETION OF REQUIRED COURSE WORK, ATTENDANCE, & FINAL EXAM

COURSE NUMBER: SC101-4 (Thursday Evenings)
TIME: 6:30 to 9:30 PM
COURSE DATES: SEPTEMBER 13, through DECEMBER 20, 2018
PLACE: St. Charles Hospital & Rehabilitation Center
200 Belle Terre Road, Port Jefferson, NY 11777
Tuition: $1100.00 Text, Ins. & Lab Fees: $645.00

PLEASE CALL DATC TOLL FREE 1 (888) 595-3282 TO REGISTER FOR THIS PROGRAM.
A PAYMENT PLAN OPTION IS AVAILABLE.
ALSO: CALL US TO DISCUSS the DATC "SPECIAL PATHWAY" for BECOMING A New York State LICENSED "CERTIFIED DENTAL ASSISTANT".

ARE YOU IN NEED OF A DENTAL ASSISTANT?
The Dental Auxiliary Training Center Fundamentals of Chairside Dental Assisting course that started in March will end in June, graduates will be ready for employment. As a service to the SCDS dentist members, DATC has a placement service to help dentists find trained prospective employees. We will be happy to discuss your job requirements, and help you find a mature, responsible, motivated, dental assistant. Your job information can also be anonymously posted on the Dental Auxiliary Training Center Facebook page. Our students and graduates search this page to find out about current dental assistant positions and must call DATC to get details and point of contact information. To view these postings, look at our FaceBook page under the NOTES tab, and don't forget to “Like Us”. Visit us on the web at www.datcny.com. As has been our policy for the last 33 years, there is never a fee for this service. Please call DATC Director, Lisa Lyle, at 1(914) 564-3774 for more information.
RESIDENTS' PRESENTATIONS

Dr. Todd Stone  
GPR Chief Resident  
"Restoring a Failing Mandibular Anterior Dentition with Implants"

Dr. Patricia Swanson  
3rd Year Prosthodontic Resident  
"Dental Cements: A Sticky Situation"

Dr. Brian Carkner  
OMS Chief Resident  
"Recognizing & Diagnosing Hematopoietic Diseases in the Dental Office"

Newly Elected Dentists

From left: President Dr. Jimmy Kilimitzoglou welcoming Jared Jacobskind, Oksana Kroshna, Alexis Lippe, Kaitlin Nowling and Bailey Weightman
Can Moonlighting During Residency Work for You?

A 2016 survey by the American Dental Education Association estimates that the average dental school graduate owes $261,000 in student loans. Student debt in 2015 was four times what it was in 1990, according to ADEA’s webpage on educational debt.

While the dental community attempts to tackle the issue of debt, repayment lies entirely on the shoulders of the dental school graduate. One strategy may include moonlighting.

Dental moonlighting is when you work as a general dentist on the weekend and in your free time while pursuing a residency. For some residents, moonlighting is a proactive way to reduce student loans while improving hand skills and technique. Certain stigmas exist, however. Some residency directors create a culture where dental residents concentrate solely on their specialty education, research and patients.

Though well-intentioned, this attitude limits options for quicker debt repayment. Other program directors characterize moonlighting as more of an opportunity than a hindrance. They abandon stigma and maintain that the extra dental experience as an associate can enhance not only education but also maturity in practice management and business ethics.

While the varying opinions of program directors may determine the likelihood of moonlighting for residents, greater governing bodies regulate a more concrete set of policies. The Accreditation Council for Graduate Medical Education (GME) establishes guidelines for the postgraduate employees of their associated institutions.

Dental graduate programs at Stony Brook, for example, include pediatric, prosthodontic, oral surgery, dental anesthesia and general practice residency. Since these residents earn a salary for their services, they abide by the policies set forth by New York State Duty Hour rules, according to Doreen Appenzeller, a data integration manager for residency and fellowship programs at Stony Brook. An 80-hour workweek limit and set minimum hours for sleep after a shift are two examples intended to protect residents. Other restrictions are outlined by the New York State Duty Hour rules and vary across states.

The extent of these regulations ranges from state to state, and it is the responsibility of each institution to maintain accurate time keeping records. Since the opportunity for residents to moonlight varies from program to program, the decision to permit moonlighting rests on the willingness of the administration to monitor all duty hours. If the policies are not set in stone, any resident can plead his or her case in front of their respective GME committee to gain work.

Residents in non-GME programs such as endodontics, orthodontics and periodontics (at Stony Brook specifically), on the other hand, are tuition-based doctoral students. Since they don’t abide by ACGME regulations, the decision to allow moonlighting falls back on the program directors. Residents who obtain approval to moonlight need to also consider their legal obligations.

Prerequisites to practice vary state to state. These guidelines are separate from existing licensure requirements such as graduation from an ADA CODA-accredited dental school, passing the National Boards and completing all sections of the regional clinical exam, according to ASDA’s resources on licensure. Some states such as New York and Delaware require a one-year postgraduate residency before practicing. However, while these graduates cannot practice right after dental school, they may moonlight in neighboring states if all requirements are met.

{continued on page 17}
Students interested in moonlighting must also obtain malpractice insurance coverage. Several dental insurance companies provide discounted rates for residents who moonlight. For example, MedPro rates vary from region to region and based on the type of procedures performed.

According to an interview with their representatives, MedPro recommends an occurrence policy which does not require purchasing tail coverage, unlike a claims-made policy. The added expense of tail coverage combined with the enormous average debt of newly graduates is a factor that residents must consider when exploring moonlighting malpractice coverage.

Moonlighting may present an option for new dental school graduates overburdened by debt. Although program-specific moonlighting policies depend on the attitudes of program directors and university administrators, residents are free to plead their individual cases. For those who seek more real-world practice and want to whittle away at debt, this may prove a worthwhile opportunity.

{This article was originally published in the June/July 2017 issue of Contour, and is reprinted with permission from the American Student Dental Association.}
**Officers of the Society:**

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<tr>
<th>Position</th>
<th>Name</th>
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<tr>
<td>President</td>
<td>Dimitrios Kilimitzoglou, DDS</td>
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<tr>
<td>President-Elect</td>
<td>Martin Dominger, DDS</td>
</tr>
<tr>
<td>Vice President</td>
<td>Claudia Mahon-Vazquez, DDS</td>
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<td>Secretary</td>
<td>Patricia Hanlon, DMD</td>
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<td>Treasurer</td>
<td>Jeffrey Seiver, DDS</td>
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**ADA Delegates:**

1st: Paul Leary, DMD (2018)
2nd: Steven Snyder, DDS (2018-2019)
3rd: Guenter Jonke, DMD (2018-2020)

**Alternate ADA Delegates:**

1st: Martin Dominger, DDS
2nd: Kevin Henner, DMD
3rd: Maria Maranga, DDS

**NYSDA Trustee:**

Kevin Henner, DMD (2018-2020)

**NYSDA Delegates:**

John Guariglia, DDS (2018-2021)
Steven Snyder, DDS (2018-2020)
Guenter Jonke, DMD (2018-2020)
Kerry Lane, DDS (2018-2019)
Maria Maranga, DDS (2018-2019)
Chris Salierno, DDS (2018)
Ivan Vazquez, DDS (2018)
Nick Vittoria, DMD (2018)

**Alternate NYSDA Delegates:**

1st: Dimitrios Kilimitzoglou, DDS
2nd: Martin Dominger, DDS
3rd: Jeffrey Seiver, DDS
4th: Anthony Maresca, DDS
5th: Claudia Mahon-Vazquez, DDS
6th: Sharon Pollick, DMD
7th: Pat Hanlon, DMD
8th: Scott Firestone, DDS

**Committee Chairpersons**

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<th>Committee</th>
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<tr>
<td>Chemical Dependency</td>
<td>Peter Pruden, DDS</td>
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<td>Children’s Dental Health</td>
<td>Howard Schneider, DDS</td>
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<td>D. Kilimitzoglou, DDS</td>
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<td>Dental Benefits Programs</td>
<td>John Guariglia, DDS</td>
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<td>Dental Practice</td>
<td>Scott Firestone, DDS</td>
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<td>EDPAC representative</td>
<td>Kerry Lane, DDS</td>
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<td>Education</td>
<td>D. Kilimitzoglou, DDS</td>
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<td>Ethics</td>
<td>Nick Vittoria, DMD</td>
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<td>Governmental Affairs</td>
<td>Sharon Pollick, DMD</td>
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<td>Membership &amp; Comm</td>
<td>C Mahon-Vazquez, DDS</td>
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<td>New Dentists</td>
<td>Brian McCormack, DDS</td>
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<td>Peer Review &amp; Quality Assurance</td>
<td>Jeffrey Seiver, DDS</td>
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<tr>
<td>Professional Liability</td>
<td>Kevin Henner, DMD</td>
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**Past Presidents**

- **2017**: Ivan Vazquez, DDS
- **2016**: John Guariglia, DDS
- **2015**: Scott Firestone, DDS
- **2014**: Chris Salierno, DDS
- **2013**: Nick Vittoria, DMD
- **2012**: Guenter Jonke, DMD
- **2011**: Maria Maranga, DDS
- **2010**: John Lagner, DMD
- **2009**: Leonard Goldstein, DDS
- **2008**: Jeffrey Seiver, DDS
- **2007**: Kevin Henner, DMD
- **2006**: Paul Leary, DMD
- **2005**: Kerry Lane, DDS
- **2004**: Steven Snyder, DDS
- **2003**: Ian Glaser, DDS
- **2002**: Anthony Maresca, DDS
- **2001**: Stephen Goldstein, DDS
- **1999**: Paul Markowitz, DMD
- **1998**: Tracy Stewart-Flamenbaum, DDS
- **1997**: Eugene Antenucci, DDS
- **1996**: Alan Mazer, DMD
- **1995**: Alan Farber, DDS
- **1994**: Steven Roberts, DDS
- **1993**: Howard Miller, DMD
- **1992**: Thomas Bonomo, DDS
- **1991**: Howard Rodin, DDS
- **1990**: Jay Orlikoff, DDS/Thomas Bonomo, DDS
- **1989**: John Primavera, DDS
- **1988**: Allen Peyser, DDS
- **1987**: Stephen Gold, DDS
- **1986**: Jack Hanover, DDS
- **1985**: William Katz, DDS
- **1984**: Richard Tesser, DMD
- **1983**: Robert Benton, DDS
- **1982**: Edward Anker, DDS
- **1981**: George Glick, DDS
- **x**: deceased

**Board of Directors**

- **Lawrence Absatz, DMD**: David Amram, DMD
- **William Bast, DMD**: Craig Boruchov, DDS
- **Adam Bear, DDS**: Alan Berman, DDS
- **Joseph DiBernardo, DDS**: Jennifer Englebright, DMD
- **Steven Feigelson, DDS**: Christopher First, DMD
- **Joseph Graskemper, DDS**: Keri Logan, DMD
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- **John Rose, DDS**: Meena Shah, DDS
- **Laurence Schwartz, DDS**: Craig Smith, DMD

**Executive Director**: Paul Markowitz, DMD
**Executive Assistant**: Debbie Wasserman
**Executive Director Emerita**: Jane Meslin
SCDS Past Presidents

From left: John Primavera (1989); Nick Vittoria (2013); Jay Orlikoff (1990); Jimmy Kilimitzoglou (2018); Tom Bonomo (1992); Maria Maranga (2011); Alan Mazer (1996); Ivan Vazquez (2017); Howard Rodin (1991); Gene Antenucci (1997); John Guariglia (2016); Kerry Lane (2005); Steve Goldstein (2001); Guenter Jonke (2012); Tony Maresca (2002); Scott Firestone (2015); Paul Markowitz (1999)
CPR and AED

Simplified, complete training in the newest guidelines for Adult CPR and Automated External Defibrillators presented by “Have Dummy Will Travel” 9 am - Noon Wednesday, May 23, 2018

Cost: $100 ADA members and staff / $150 non-ADA dentists  Credits: 3 m.c.e. credits

Place: Media Center (lower level), SCDS offices 150 Motor Parkway, Hauppauge, NY 11788

This course will update, inform and train members and their staff in the newest CPR/AED guidelines. At the completion of the course, 2-year National Safety Council CPR/AED certification cards will be issued. Attendees will receive hands-on training on the Philips On-Site AED.

CLASS SIZE IS STRICTLY LIMITED: REGISTRATIONS ACCEPTED FIRST-COME, FIRST-SERVED

NO REFUNDS WILL BE MADE ON DAY OF PROGRAM!

Detach and mail with your payment to SCDS, 150 Motor Pkwy, Ste 105, Hauppauge, NY 11788 or fax (charges only) to 232-1402.

Adult CPR/AED Training Course

[ ] Wednesday, May 23

Name of dentist: ............................................................. ADA #: ........................................

Name(s) of staff: ..........................................................................................................................

[ ] Check enclosed for $............... ($100 ADA Members and staff; $150 Non-ADA dentists)

[ ] Charge my Visa/MasterCard #: ................................................................. Exp. date: Mo, Yr.

Cardholder signature: ........................................... $ Amount: ............... CVV: ............... Zip Code: ...............
ADA Membership Conference

As a Society we depend on other people like our colleagues to work together to achieve a similar goal with similar ideals. That’s what we are and without our members we are not a Society. Recruiting and retaining members is a crucial aspect of maintaining Society status.

In April, at the annual Membership Conference, I had an opportunity to join with my fellow dentists from NYSDA, including Dr. Maria Maranga, past chair of the ADA Council on Membership and Dr. Jay Skolink, NYSDA’s current representative to that ADA Council. We were able to share and brainstorm ideas, as well as participate in activities to discuss topics that benefit and interest our members. This was the first time I was formally introduced to Dr. Skolnik and many other nice people from all over the country. Meeting new individuals, where we create an experience together, helps to start friendships. Membership has other rewards too, such as; discounted hotel rates, discounted loan financing, discounted car rentals. What if we offered non-tangible perks like friendship, camaraderie and mentorship? I believe members want that connection.

The keynote speaker Kyle Macdonald discussed his journey which he dubbed, “One Red Paperclip”. While sitting at his desk one day he looked down and thought “What if I tried to trade this paperclip for something better, like a house?” Next, he described his year long journey across Canada and North America, and 14 trades to eventually get a house. He described the people he met and how he only made a trade with those he spoke with over the phone, after he made a human connection. During this process of trading, he met new people and made new friends. He documented each and every trade. In order to fulfill his goal, he had to create and follow a journey. His experience in creating new friends became part of that goal. He enjoyed the journey and made it fun and exciting by participating and experiencing that personal human connection. This is exactly what I and many of the participants at this ADA Membership Conference experienced too. The human relationships made the difference for Kyle and for many of us as well.

The key points were: 1.) Having the initial phone conversation was making that connection. This is what started the friendship; a phone call which turned into a meeting and then a trade. 2.) Taking the journey was just as important as obtaining the goal. 3.) Most importantly, remember that you may not always succeed, but you will NEVER succeed if you don’t at least try. Don’t text or email for a week. Instead, call other members if you have a question or a comment. Make that connection, it is self- fulfilling and unifies members and hopefully helps to maintain membership. A long journey is easier with a good friend than going it alone.

Another very important topic that was presented at this meeting is the idea that a healthy body and lifestyle needs to be shared with others. There is nothing more selfless than to share a peripheral blood stem cell donation. These donations allowed doctors to perform stem cell bone marrow transplants to nearly 14,000 patients this past year alone. There is a simple and easy way to join the program to help Delete Blood Cancer. It’s as simple as swabbing your oral mucosa to determine if you are a match. Share this with your colleagues, call them and ask them to do the same to help end leukemia and other blood-born related illnesses. To obtain information to donate, go to https://www.dkms.org/en/dental. If you are interested in hosting an event to increase awareness, visit https://www.dkms.org/en/oncampus.
We welcome the following new members elected in March, April and May 2018:

**Jamila Balooch, DDS**  
SUNY SB 2018; SUNY SB 2020  
Pediatric Dentistry

**Alexis Lippe, DDS**  
SUNY SB 2018; SUNY SB 2021  
Prosthodontics

**Max Sanacore, DDS**  
SUNY SB 2018; SUNY SB 2021  
Orthodontics

**Marta Herin, DDS**  
SUNY SB 2016; SUNY SB 2017  
450 Grand Blvd  
Deer Park, NY 11729  
General Dentistry

**Kaitlin Nowling, DDS**  
SUNY SB 2018; SUNY SB 2020  
Pediatric Dentistry

**Shawn Shannon, DMD**  
(Reinstatement)  
Temple 1999  
250 Patchogue Yaphank Rd Ste 17  
E Patchogue, NY 11772  
General Dentistry

**Jared Jacobskind, DDS**  
SUNY SB 2018; Northport 2019  
General Dentistry

**Renee Nykolak, DMD**  
Univ of Penn 2014; Univ of Detroit Mercy 2016  
1990 Deer Park Ave  
Deer Park, NY 11729  
Orthodontics

**Paraskevas Kourtounis, DDS**  
Univ of MD 2003; St Lukes 2004;  
Mt Sinai 2008  
500 Portion Rd Ste 16  
Ronkonkoma, NY 11779  
Pediatric Dentistry

**Alexis Lippe, DDS**  
SUNY SB 2018; SUNY SB 2021  
Prosthodontics

**Kaitlin Nowling, DDS**  
SUNY SB 2018; SUNY SB 2020  
Pediatric Dentistry

**Renee Nykolak, DMD**  
Univ of Penn 2014; Univ of Detroit Mercy 2016  
1990 Deer Park Ave  
Deer Park, NY 11729  
Orthodontics

**Kaitlin Nowling, DDS**  
SUNY SB 2018; SUNY SB 2020  
Pediatric Dentistry

**Renee Nykolak, DMD**  
Univ of Penn 2014; Univ of Detroit Mercy 2016  
1990 Deer Park Ave  
Deer Park, NY 11729  
Orthodontics

**Renee Nykolak, DMD**  
Univ of Penn 2014; Univ of Detroit Mercy 2016  
1990 Deer Park Ave  
Deer Park, NY 11729  
Orthodontics

**Bailey Weightman, DDS**  
SUNY SB 2018; SUNY SB 2019  
General Dentistry

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**Implant Placement & Sinus Augmentation**  
in the comfort and convenience of your office.  
*With or Without IV Sedation*

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**Suffolk Center for Speech & Myofunctional Therapy**

(631) 689-6858  
www.LIspeech.com

7 Locations Across Nassau & Suffolk Counties  
Stony Brook * East Yaphank  
Commack * Farmingville  
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- Specializing in the Treatment & Correction of:  
  Language Disorders * Memory & Auditory Processing Difficulties * Fluency  
  Voice Disorders * Motor Planning Disorders *  
  Deviate Swallowing * Tongue Thrust Feeding Problems/Aversions * Thumb Sucking *  
  Articulation Disorders  
  Oral Facial Muscle Weakness

**Specializing In**  
MYOFUNCTIONAL THERAPY

Participating with  
Most Major Insurance Companies!
There are many scenarios that we have seen in our everyday practice where having a hygienist deliver local anesthesia would be a huge help for dentists, the practice and, most importantly, the patient.

This is a great example of having your dental society and your ADA membership at work. Although the resolution was accepted by NYSDA, that does not mean that it is legal for your hygienists to get patients numb for your procedures. Nor does it mean that we suggest using hygienists to provide local to our patients routinely. NYSDA is working with the NYS Board of Education to make this happen.

Once accepted by the Board of Education, then it can be changed in the legislature. Stay tuned and we will continue to update you on this matter. Together we continue to improve our profession and the level of care we provide to our patients.

You have seen posters on railroad stations, subways and airports with the slogan “if you see something, say something.” In my eyes, the same applies to dentistry. There must be something about the business of dentistry, policies, processes, regulations or licensure that just doesn’t sit well with you. If you have any other ideas, concerns or issues that you would like us to explore, please reach out to me or the SCDS.

Please keep your eyes open for our blast emails. We try to limit the number that we send, but we want to keep you informed about issues on a timely basis. This is the best way we have found to get the information disseminated. If you have not been receiving these emails, please check your spam or junk folders and contact us with the email address that you use most frequently. Send those addresses to scds@optonline.net. Thank you.
What Would You Do?

A person walks into your dental office Monday morning with a dog on a leash, approaches the front desk, signs in and takes a seat waiting for treatment. Your receptionist calmly interrupts you during treatment of another patient and asks what should I do? What should she say to this new patient? What are you required to do legally?

You are allowed to ask 2 questions:
1.) Is this a service animal because of disability, and
2.) what tasks has the dog been trained to perform?

Staff cannot ask about the person’s disability, require documentation or ID card, or ask that the dog perform the work or task. Remember that allergies and fear of dogs are not valid. You cannot ask to remove the service animal from the premises unless the dog is out of control or the dog is not house-broken.

The Americans with Disabilities Act (ADA) became law on July 26, 1990 and has a variety of important definitions and laws on what you can and cannot do. This civil rights law prohibits discrimination against individuals with physical and mental disabilities in all areas of public life including jobs, schools, and transportation. It is estimated that 50 million Americans, or 1 out of 5, have a disability.

Disability may be defined in 3 categories: physical or mental impairment that substantially limits one or more of the major life activities of such an individual; a record of such an impairment; or, being regarded as having such an impairment. Major life activities normally defined as functions such as caring for one’s self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. Keep in mind that this disability may not be visible to anyone. That is, the person may not look handicapped.

Remember that service animals are not considered pets. Service animals are working animals that must be harnessed, leashed or tethered under the ADA unless they interfere with the animals work. Dogs whose sole function is to provide comfort or emotional support do not qualify as service animals under the ADA. These animals have not been trained to perform a specific task. However, some states and local laws define service animals more broadly than the ADA. New York State Law follows along with the ADA and are not required to allow emotional support animals.

The service animal is any guide dog, signal dog or other animal trained to provide assistance to an individual with a disability. Keep in mind that there can be many types of service animals. They can be trained for a variety of disabilities including: blindness, deafness, seizure disorders, pulling a wheelchair, or calming a person with Post Traumatic Stress Disorder (PTSD) during anxiety attack.

All service animals regardless of the animal or patient’s age have full access where members of the public are allowed to go. All areas of a clinic or even a hospital must be allowed. Hospital operating rooms may be an exception because of sterility concerns. Interestingly, religious institutions and organizations, i.e., churches, temples, mosques and other places of worship are specifically exempt from the ADA.

Second, only people that are legally disabled are allowed to use service animals in public places. Although, most dental offices are privately owned, we are still required to comply with the ADA regulations and provide access to disabled patients using serve animals. The American with Disabilities Act defines a dental office as a public accommodation. Therefore, dental offices cannot discriminate against individuals that are blind or deaf who utilize service animals. Miniature horses have been added to the ADA regulations also.

I have had small animals in my operatory during procedures and quick post op appointments with no issue of any kind. I have to admit that several times I had not even noticed because they were so quiet. I would consider them mostly comfort animals and not service animals. It was only when the staff saw the bag moving when we were alerted to the situation. It is very calming for many of our patients during a dental procedure.

Two last issues, will non-pet patients consider your office not clean enough because they saw a dog in your waiting room and will your patients consider your practice pet friendly?

Let us know your thoughts or experiences. Thank you.
For more information: www.ADA.gov or 800-514-0301.
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5:30 p.m. (approx.): Awards Banquet

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REGISTRATION FORM:

Golfer: Name:.................................................................Tel.:........................................

Address:..................................................................................................................................

Credit card #:.............................................Exp. date:........................CCV........................

If possible, please place me in a foursome with (list names):..................................................

..........................................................................................................................